

The



Habit 1: Be Proactive

- I am a responsible person.
- I take initiative.
- I choose my actions,
- attitudes, and moods.
- I do not blame others for my mistakes.
- I can only be offended if I choose to be.

Habit 2: Begin with the End in Mind

I plan ahead and set goals.

I do things that have meaning and make a difference.

I am an important part of my classroom and contribute to my school's mission and vision, and look for ways to be a good citizen.

Habit 3: Put First Things First

I spend my time on things that are most important.

This means that I say **no** to things I know I should not do.

I set priorities, make a schedule, and follow my plan.

I am disciplined and organized.

Habit 4: Think Win-Win

I balance courage for getting what I want with consideration for what others want.

I make deposits in others'
Emotional Bank Accounts.
When conflicts arise, I look
for options that work for both
sides.

Habit 5: Seek First to Understand, Then to Be Understood

I listen to other people's ideas and feelings.

I try to see things from their viewpoints.

I listen to others without interrupting. I am confident in voicing my ideas. I look people in the eyes when speaking.

Habit 6: Synergize

I value other people's strengths and learn from them.

I get along well with others, even people who are different from me.

I work well in groups.

I seek out other people's ideas to solve problems because I know that by teaming with others we can create better solutions that any one of us alone.

I am humble.

Habit 7: Sharpen the Saw

I take care of my body by eating right, exercising, and getting sleep.

I spend time with family and friends.

I learn in lots of ways and lots of places, not just school.

I take time to find meaningful ways to help others.